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PERSONAL DEVELOPMENT LOG

Name:

Day 1

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

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Day 2

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

Day 3

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

Day 4

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

Day 5

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

Day 6

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

Day 7

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

Day 8

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?