

## **STAGES OF LEARNING QUIZ**

Pick the option that best answers each question.

### 1. What is the first stage in the learning process?

- A. Conscious competence
- B. Unconscious competence
- C. Conscious incompetence
- D. Unconscious incompetence

# 2. Which stage is described as "You know what you don't know and are working on learning it"?

- A. Conscious competence
- B. Unconscious competence
- C. Conscious incompetence
- D. Unconscious incompetence

### 3. What is a key benefit of moving through all the stages of learning?

- A. It builds a strong foundation for mastery.
- B. It allows you to skip practicing the basics.
- C. It ensures permanent mastery without further effort.
- D. It avoids setbacks entirely.

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### **Answer Key:**

- 1. D. Unconscious incompetence
- 2. C. Conscious incompetence
- 3. A. It builds a strong foundation for mastery

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