

STAGES OF LEARNING QUIZ

Pick the option that best answers each question.

1. What is the first stage in the learning process?

- A. Conscious competence
- B. Unconscious competence
- C. Conscious incompetence
- D. Unconscious incompetence

2. Which stage is described as “You know what you don’t know and are working on learning it”?

- A. Conscious competence
- B. Unconscious competence
- C. Conscious incompetence
- D. Unconscious incompetence

3. What is a key benefit of moving through all the stages of learning?

- A. It builds a strong foundation for mastery.
- B. It allows you to skip practicing the basics.
- C. It ensures permanent mastery without further effort.
- D. It avoids setbacks entirely.

Answer Key:

1. **D.** Unconscious incompetence
2. **C.** Conscious incompetence
3. **A.** It builds a strong foundation for mastery