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## **EFT PRACTITIONER TRAINING SELF-ASSESSMENT QUESTIONNAIRE**

A.	Organisational Skills	Excellent	Good	Average	Poor
1.	Invitation message				
2.	Transformation Program Intake Form				
3.	Provide confirmation messages				
4.	Consultation call				
5.	Clarity on what the client wants				
6.	Manage any expectations				
7.	Appointment letter				
8.	Prepare before appointment				
9.	Let the session flow				
10.	Timekeeping				
11.	Briefly document the session				
12.	Self-care after the session				
13.	Celebrate				
14.	Review progress with client (3)				
15.	Record keeping				
16.	Data protection				

B.	Interpersonal Skills	Excellent	Good	Average	Poor
1.	Boundaries				
2.	Empathetic				
3.	Listening				
4.	Motivating				
5.	Non-discrimination				
6.	Non-judgemental				
7.	Observational				
8.	Observing				
9.	Questioning				
10.	Safeguarding				
11.	Self-aware				

C.	Developmental Skills	Excellent	Good	Average	Poor
1.	Asking for help				
2.	Engaging in the online groups professionally				
3.	Fully meets competency from the training				
4.	Methods of enhancing development				
5.	Practicing EFT on a daily / regular basis				
6.	Safety / Self-care / Personal Peace				

D.	Technical Skills EFT Practitioner	Excellent	Good	Average	Poor
1.	Addictive Cravings Technique				
2.	Basic Recipe				
3.	Box Technique				
4.	Continuous Tapping				
5.	EFT Tapping Points				
6.	EFT Timeline				
7.	Fears and Phobias Technique				
8.	Finger Hold Breathing				
9.	Foot Tapping				
10.	Keyword Approach				
11.	Limiting Beliefs Technique				
12.	Movie Technique				
13.	Physical Tension with Simplified EFT				
14.	Physical Tension with Deeper Exploration				
15.	Positive Tapping				
16.	Relaxed Breathing with Simplified EFT				
17.	Simplified EFT				
18.	Sneaking Up Technique				
19.	Spine Tapping				
20.	Stepping Stone Technique				
21.	Surrogate Tapping				
22.	Tearless Trauma Technique				
23.	Telephone work				
24.	Tell the Story Technique				

25.	Triple Point Calmer				
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E.	Therapeutic Skills	Excellent	Good	Average	Poor
1.	Abreactions				
2.	Adults				
3.	Building bridges				
4.	Children				
5.	Cognitive shifts				
6.	Detective work				
7.	Don't go where you don't belong				
8.	Getting out of your own way				
9.	Intuitive introduction				
10.	Pre-framing				
11.	Psychological Reversal				
12.	Rapport				
13.	Reframing				
14.	Reversal & secondary gains				
15.	Safe space				
16.	Tabletop metaphor				
17.	Tail-enders				
18.	Testing				
19.	Vulnerable adults				
20.	Working with trauma				
21.	Writing on the walls				

F.	Ethical Principles	Excellent	Good	Average	Poor
1.	Client welfare				
2.	Collaboration				
3.	Confidentiality				
4.	Credible				
5.	Delivery of service				
6.	Empowering				
7.	Engaging				
8.	Cannot conduct group work				
9.	Informed consent				
10.	Non-solicitation				
11.	Professional				
12.	Renewal of certification				

G.	Working Professionally	Excellent	Good	Average	Poor
1.	Competence				
2.	Environment				
3.	Follow local laws				
4.	Insurance				
5.	Marketing				
6.	No diagnosis				
7.	Non-interference with medication				
8.	Referring to other specialists				
9.	Respect Medical/Mental Health Professional				
10.	Storage of notes				