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PERSONAL DEVELOPMENT LOG

Day 1

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

Day 2

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

<u>Day 3</u>

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

Day 4

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

Day 5

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

Day 6

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

Day 7

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

<u>Day 8</u>

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

Day 9

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

Day 10

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

Day 11

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

Day 12

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

Day 13

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

<u>Day 14</u>

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

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Day 15

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

Day 16

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

Day 17

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

Day 18

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

Day 19

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?

Day 20

1. What did I love about the day?

2. What can I do even better?

3. What did I learn?

4. How will I use what I learnt?