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EMOTIONAL FREEDOM TECHNIQUES (EFT) PRACTITIONER SUPERVISION & MENTORING HOURS RECORD LOG SHEET

To stay approved to be submitted to your Trainer, either voluntarily or when requested.

For Practitioners in Training: A minimum of 24 hours required.

For Certified Practitioners: A minimum of 6 hours is needed annually.

Recorded annually from the date of certification.

NAME	
EMAIL ADDRESS	
STATUS (Practitioner, Practitioner in Training, Facilitator, Presenter, & Trainer)	
DATE CERTIFIED	

Types of Supervision activities: (See Appendix 5 on this link, <https://vitalitylivingcollege.info/vlc-cpd-supervision-requirements/>)

Vitality Living College™ - Transforming Lives.

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A. EFT CPD Supervision Hours Record Log Sheet Template to fill in:

Date	Format (e.g. Group versus one to one)	How (e.g. Skype, Meeting, Online, Email)	Hours	Outcome of meeting	Name of Approved Supervisor or Accredited Master Trainer
Total			X hours		

(Please keep this record for 5 years for audit purposes)

B. Examples of Supervision & Mentoring hours below:

Date	Format (e.g. Group, One to one)	How (e.g. Skype, Zoom, Online, Email)	Hours	Outcome of meeting	Approved Supervisor or Accredited Master Trainer
19/5/22	One to one	Phone Call	1	Felt more at ease that I am on the right track with clients. Will include Intake questionnaire before every session now.	Dr Rangana Rupavi Choudhuri (PhD)
29/7/22	Group	WhatsApp	0.5	Was concerned as my client was stuck. Learnt to flow with where the client is, rather than to force my ideas on the client.	Dr Rangana Rupavi Choudhuri (PhD)
30/05/22	Group	Zoom Call	6	Learnt how to work with special needs children, cancer, and procrastination. I learnt to meet the client where they are at.	Dr Rangana Rupavi Choudhuri (PhD)
Total			7.5 hours		