

INNER CHILD MATRIX

PRACTITIONER TRAINING - MODULE 14

SUMMARY


1. Self sabotage
2. Future sabotage
3. Resourcing the past you

14

**LIFE'S PURPOSE
PROCESS & RE-
BIRTHING PART 1**

CONTENTS

1. The greatest wound becomes your destiny
2. Life's purpose & re-birthing



**THE GREATEST
WOUND
BECOMES YOUR
DESTINY**

LIFE'S PURPOSE & RE-BIRTHING

1. How have you given up on your dreams?
2. What dreams did you have that you no longer want to pursue because you feel it's too hard or unattainable?
3. What is it that you want, but you keep finding ways not to attain?
4. How has resistance shown up and prevented you from what you want?
5. How have you talked yourself out of not going for it?

LIFE'S PURPOSE & RE-BIRTHING

6. Go back even further when you were just pure energy, one with everything – what were you feeling?

- Who are you?
- What is your reason for being in this life-time?

7. Come back through time to being in the womb

- What does it feel like at the time of conception? in the womb?
- Create the new image and field, then go through a birthing process with this new image and field
- Connect with the infinite/ Divine Mother

LIFE'S PURPOSE & RE-BIRTHING

8. Take the new feeling, image and sprinkle all over the subsequent memories to the present.

- Place the new image and knowledge into the Past You and memories
- Come back to the present and heart meditation

9. Heart meditation in the present and future.

- Come back to the present and heart meditation

SUMMARY

1. The greatest wound becomes your destiny
2. Life's purpose & re-birthing

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