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WHATSAPP MESSAGES FOR PRACTITIONERS IN TRAINING TO SEND TO POTENTIAL CASE STUDY CLIENTS

A. WHATSAPP SAMPLE SHORT INVITATION MESSAGE FOR INNER CHILD MATRIX (ICM) PRACTITIONERS IN TRAINING TO SEND TO POTENTIAL CASE STUDY CLIENTS

WHATSAPP VERSION WITH BOLD & ITALICS FORMATTING

Hi XXX,

Do you know anyone who wants to experience the following in
complimentary case study sessions? For example:

- Gain lasting *freedom from stress, anxiety, pain*, and trauma.
- Gently *heal past traumatic incidents*, for example any form of abuse, accidents, and loss.
- Tackle health challenges such as *depression, weight issues, PTSD, phobias, and allergies.*
- Regain your confidence in life with *peak happiness in health, wealth, and relationships.*
- Discover your *life's purpose* and heal any birth related traumas.

If you do, I would love you to get them in touch with me as I have recently completed training in a therapy named _*Inner Child Matrix (ICM) under Master Trainer Dr Rangana Rupavi Choudhuri (PhD)* with Vitality Living College._

This therapy combines *Emotional Freedom Techniques (EFT),* which is clinically proven to tackle stress, anxiety, trauma, and depression, with *healing the inner child*, and culminates in programming what you want.

To find out more about this therapy, you can get a *free* booklet here,

Vitality Living College™ - Transforming Lives.

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<https://vitalitylivingcollege.info/how-to-gain-emotional-freedom-and-peace/>.

Want to find out more about these *free of charge Inner Child transformation sessions*? Just send me a quick reply.

Warm wishes,
XXX
Phone number

P.S. If you want to know more about the training I completed here is the information, <https://vitalitylivingcollege.info/training-seminars/inner-child-matrix/>.

B. INVITATION MESSAGE FOR INNER CHILD MATRIX (ICM) PRACTITIONERS IN TRAINING TO POST ON SOCIAL MEDIA

WHATSAPP VERSION WITH BOLD & ITALICS FORMATTING

Do you know someone who wants to experience the following in *complimentary case study sessions*? For example:

- Gain lasting ***freedom from stress, anxiety, pain, and trauma***.
- Gently ***heal past traumatic incidents***, like abuse, and loss.
- Tackle health challenges such as ***depression, weight issues, PTSD, phobias, and allergies***.
- Regain your confidence in life with ***peak happiness in health, wealth, and relationships***.
- Discover your ***life's purpose*** and heal any birth related traumas.

If you do, I would love you to get them in touch with me as I have recently completed training in a therapy named ****Inner Child Matrix (ICM) under Master Trainer Dr Rangana Rupavi Choudhuri (PhD)**** with Vitality Living College. I am now doing my assigned case studies.

This therapy combines ***Emotional Freedom Techniques (EFT)***, which is

clinically proven to tackle stress, anxiety, trauma, and depression, with ***healing the inner child***, and culminates in programming what you want.

To find out more about this therapy, you can get a ***free*** booklet here, <https://vitalitylivingcollege.info/how-to-gain-emotional-freedom-and-peace/>.

Want to find out more about these ***free of charge inner child transformation sessions***? Just post a 'YES' below or send me a private message.

Warm wishes,
XXX
Phone number

P.S. If you want to know more about the training I completed here is the information, <https://vitalitylivingcollege.info/training-seminars/inner-child-matrix/>.

C. WHATSAPP INVITATION REPLY FOR ICM PRACTITIONERS IN TRAINING TO SEND TO CLIENTS TO COMMUNICATE NEXT STEPS

WHATSAPP VERSION WITH BOLD & ITALICS FORMATTING

Hi,

Thanks so much for letting me know that you want more information on the ICM case studies that I am doing for my certification at no charge.

So what is Inner Child Matrix? It is a therapy that combines EFT Tapping with healing the inner child. It can be used to help people free themselves from:

- Past trauma, for example accidents, grief, and abuse.
- Birth challenges, allergies, phobias.

- Emotional challenges such as relationship hurt, and depression.
- Physical issues such as pain

As well as discover your life purpose and create peak happiness in health, wealth, love and life.

I need to complete *3 case study sessions each with 2 people*. The one-to-one sessions are completely *confidential.*

Should you, or the person you know, want to proceed the next steps are as follows:

- Fill in an ICM Transformation Program Intake Form.
- Once I get the form, we book a consultation call to gain alignment on what you want.
- Agree the date and timings for 3 one to one ICM Therapy sessions.
- I send you an appointment letter confirming our sessions.

Sessions with qualified ICM practitioners are normally INR 5000/hour / \$ 200/hour / £150/ hour [EDIT AS PER YOUR LOCAL REQUIREMENTS]. As I am a practitioner in training there is no charge for the sessions.

If you have not got it already, here is a *Free* booklet on EFT & ICM Therapy, <https://vitalitylivingcollege.info/how-to-gain-emotional-freedom-and-peace/>.

So, if you are ready to proceed, just send me a message below and I will send you the intake form.

Warm wishes,
XXX
Phone number

D. WHATSAPP COVER NOTE TO SEND WITH THE INNER CHILD MATRIX TRANSFORMATION PROGRAM INTAKE FORM

WHATSAPP VERSION WITH BOLD & ITALICS FORMATTING

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Hi XXX,

I was delighted to learn that you are interested in exploring *Inner Child Matrix (ICM) case study sessions.*

I would love to partner with you on your inner healing and transformation journey.

Your next step is to fill in the ICM Transformation Program Intake Form, which I am sending as well.

Once I receive your filled-in ICM Intake Form, I will go through it and either get back to you with clarification questions, or send you a message with options to book a consultation call.

The purpose of the consultation call is to get clarity on what you want, and where I can help and/or support you.

Warm wishes,
XXX
Phone number

E. WHATSAPP INTAKE FORM FOR INNER CHILD MATRIX ONE-TO-ONE CASE STUDIES

WHATSAPP VERSION WITH BOLD & ITALICS FORMATTING

INNER CHILD MATRIX (ICM) TRANSFORMATION PROGRAM INTAKE FORM FOR ONE-TO-ONE CASE STUDIES

Name:
Date of birth:
Email address:
Phone number:
Relationship status:
Profession/job:

1. What are the areas you would like to explore during your Transformation Program? _(For example, problems you would like to solve or heal, any goals you desire or outcomes you want.)_

2. What are the 3 most important changes you would like to make in your life?

3. What prevents you from making these changes?

4. Answer only if relevant: What have you done so far to solve the problem or reach the goal or outcome?

What has worked and what has not worked?

5. How will you know you have made these changes?

6. What are the priorities you would like to focus on during the Transformation Program? _(List top 3 in order)_

7. What are your expectations from your coach/practitioner?

7. On a scale of 1 to 10, how committed are you to the Transformation Program to achieve the results and changes you desire? _(10 being fully committed, 1 being not at all)_

9. Any other information: _(For example information from medical professionals and healthcare specialists)_

10. Submission of this form and/or your signature below means that you have also read, understood, and agreed to these guidelines and terms here, <https://vitalitylivingcollege.info/one-to-one-transformation-sessions/>,
prior to your one-to-one sessions and consultation calls commencing.

*In summary you understand these sessions are: *

- Emotional therapy with ICM & EFT (Emotional Freedom Techniques) and have read the information on the treatment, <https://vitalitylivingcollege.info/how-to-gain-emotional-freedom-and-peace/>.

- Not medical/mental health diagnosis or treatment
- Private and confidential on both sides
- Recorded, and sent to the Trainer for evaluation, and I give my consent, as below:

Notes - Yes/No

Audio - Yes/No

Video - Yes/No

Signed:

Date:

F. WHATSAPP MESSAGE TO BOOK THE CONSULTATION CALL AFTER RECEIVING THE FILLED-IN TRANSFORMATION PROGRAM INTAKE FORM

WHATSAPP VERSION WITH BOLD & ITALICS FORMATTING

Hi XXX,

It was so wonderful to receive your filled-in *Inner Child Matrix (ICM) Transformation Program Intake Form* which I have received safely.

Our next step is to schedule the consultation call.

The purpose of the consultation call is to:

- *• Go through your Intake Form.*
- *• Gain alignment on what you want.*
- *• Explain to you the approach for the ICM sessions.*

_For more information, you can find the guidelines and terms for the one-to-one sessions at <https://vitalitylivingcollege.info/one-to-one->

[transformation-sessions/.](#)

Please let me know what suits you from these available times:

DAY DATE TIME

DAY DATE TIME

Alternatively, for those who have calendar booking applications:

You can book a time that suits you directly in my calendar. (*Add your calendar booking link. We use Calendly and really like it.*)

You may need to block out up to an hour for these calls. They can take anywhere between 30 - 40 minutes, to a maximum of 1 hour.

Once we complete the consultation call, we will decide how and when to proceed with our first ICM appointment.

I am looking forward to connecting with and supporting you on your ICM journey.

Warm wishes,
XXX
Phone number

P.S. If you have not got it already, here is a *free* booklet on EFT & ICM Therapy, <https://vitalitylivingcollege.info/how-to-gain-emotional-freedom-and-peace/>.

G. WHATSAPP CONFIRMATION MESSAGE TO SEND AFTER BOOKING THE CONSULTATION CALL

WHATSAPP VERSION WITH BOLD & ITALICS FORMATTING

Hi XXX,

I am looking forward to our consultation call on:

Vitality Living College™ - Transforming Lives.

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Date & Time: DATE MONTH YEAR, TIME

Location: ZOOM/SKYPE/WHATSAPP/GOOGLE MEET

Zoom Link/Skype Id/WhatsApp Number: XXXXXXXX

Password: XXXXXXXX

The consultation call lasts between 30-40 minutes and up to 1 hour.

The purpose of the consultation call is to:

- *• Go through your Intake Form.*
- *• Gain alignment on what you want.*
- *• Explain to you the approach for the ICM sessions.*

For more information, here is the link to the guidelines and terms for the one-to-one sessions: <https://vitalitylivingcollege.info/one-to-one-transformation-sessions/>.

Once we complete the consultation call, we will decide how and when to proceed with our first Inner Child Matrix appointment.

I am looking forward to connecting with and supporting you on your Inner Child Matrix Journey.

Warm wishes,
XXX
Phone number

P.S. If you have not got it already, here is a *free* booklet on EFT & ICM Therapy, <https://vitalitylivingcollege.info/how-to-gain-emotional-freedom-and-peace/>.

H. WHATSAPP REMINDER MESSAGE ON THE DAY OF THE CONSULTATION CALL

WHATSAPP VERSION WITH BOLD & ITALICS FORMATTING



Hi XXX,

I am looking forward to our consultation call today.

Full details for our call today:

Date & Time: DATE MONTH YEAR, TIME

Location: ZOOM/SKYPE/WHATSAPP/GOOGLE MEET

Zoom Link/Skype Id/WhatsApp Number: XXXXXXXX

Password: XXXXXXXX

The consultation call lasts between 30-40 minutes and up to 1 hour.

In case your plans have changed, please let me know with a reply.

Warm wishes,

XXX

Phone number

I. **WHATSAPP COVER MESSAGE TO CONFIRM YOUR FIRST APPOINTMENT WITH A CLIENT**

WHATSAPP VERSION WITH BOLD & ITALICS FORMATTING

Hi XXX,

It was wonderful speaking today and I am delighted to confirm your first appointment on:

Date & Time: DATE MONTH YEAR, TIME

Location: ZOOM/SKYPE/WHATSAPP/GOOGLE MEET

Zoom Link/Skype Id/WhatsApp Number: XXXXXXXX

Password: XXXXXXXX

I am sharing your appointment letter below which has all the details and guidelines in preparation for the session.

In case your plans have changed, please let me know with a reply.

Warm wishes,
XXX
Phone number

J. WHATSAPP APPOINTMENT LETTER FOR FIRST APPOINTMENT WITH A CLIENT

WHATSAPP VERSION WITH BOLD & ITALICS FORMATTING

INNER CHILD MATRIX (ICM) PRACTITIONER CASE STUDY SESSION APPOINTMENT LETTER

Dear XXX,

It was a pleasure speaking with you.

Thank you for filling in the *Transformation Program Intake Form*, which gave me a really good idea of what you wanted and where you want me to focus.

As a result, I am delighted to confirm your enrolment in the Transformation Program with myself, [YOUR NAME].

_Sessions last between an hour and an hour and fifteen minutes and will be customised based on your individual needs. As agreed, we will be meeting for a set of 3 sessions. _

The first appointment is as follows:

Date & Time: DATE MONTH YEAR, TIME

Location: ZOOM/SKYPE/WHATSAPP/GOOGLE MEET

Zoom Link/Skype Id/WhatsApp Number: XXXXXXXX

Password: XXXXXXXX

_We will be using the EFT Tapping points during our session, and if you

are not already familiar with EFT, I will explain the points in our first session._

As I shared previously, I have completed training in a therapy _*Inner Child Matrix (ICM) under Master Trainer Dr Rangana Rupavi Choudhuri (PhD)* with Vitality Living College._

Full details of the course I attended are here:

<https://vitalitylivingcollege.info/training-seminars/inner-child-matrix/>.

As a Practitioner in Training, referred to as Practitioner from now on, with [Vitality Living College](https://vitalitylivingcollege.info), I adhere to a code of conduct and a set of guidelines and terms. These are outlined below, and attendance of your first session means you have also read, understood and agreed to them.

I will be taking some quiet time prior to the sessions and might not be able to pick up the phone. I will see you on the day of our session on Zoom, WhatsApp or Skype.

Warm wishes,
XXX
Phone number

Attendance of the session means you have agreed to these guidelines and terms here*, <https://vitalitylivingcollege.info/one-to-one-transformation-sessions/>,

prior to your one-to-one sessions and consultation calls commencing.

*In summary you understand these sessions are: *

- Emotional therapy with ICM & EFT (Emotional Freedom Techniques) and have read the information on the treatment, <https://vitalitylivingcollege.info/how-to-gain-emotional-freedom-and-peace/>
- Not medical/mental health diagnosis or treatment
- Private and confidential on both sides

- Recorded, and sent to the Trainer for evaluation, and I give my consent, as below:

Notes - Yes/No

Audio - Yes/No

Video - Yes/No

Signed:

Date:

K. WHATSAPP MESSAGE TO CONFIRM NEXT APPOINTMENT AFTER FINDING A MUTUALLY AGREEABLE TIME AFTER THE FIRST SESSION

WHATSAPP VERSION WITH BOLD & ITALICS FORMATTING

Hi XXX,

I am delighted to confirm your next appointment with details as follows:

Date & Time: DATE MONTH YEAR, TIME

Location: ZOOM/SKYPE/WHATSAPP/GOOGLE MEET

Zoom Link/Skype Id/WhatsApp Number: XXXXXXXX

Password: XXXXXXXX

The appointment call lasts between 30-40 minutes and up to 1 hour.

You might need to take some time out for yourself after we finish our session. In addition, you might find that you need to drink more water than normal on the days of our sessions.

As a recap, here are the guidelines and agreed terms for our sessions:

<https://vitalitylivingcollege.info/one-to-one-transformation-sessions/>

I will be taking some quiet time before we meet and will connect with you on ZOOM/SKYPE/WHATSAPP/GOOGLE Meet for our appointment.



Warm wishes,
XXX
Phone number

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