



**RECORD OF EFT CASE STUDY SESSIONS FOR
EFT ADVANCED PRACTITIONER LEVEL**

Name of EFT student:	
Date of session:	
Length of session:	
Client ID (if applicable):	
Gender:	
Case Study No:	
Session No:	

Case study notes – for further details please refer to the Case Study Guidance manual

Each session should include:

- How you got to the core issue
- What techniques were used
- How the SUD rating changed
- Examples of techniques used includes skills taught at EFT Practitioner (Level 2) and Advanced Practitioner (Level 3).
- What set up phrases, questions and tapping sequences were used
- What specifically made the difference during the one-on-one session?
- Any testimonials or client feedback you have
- Most importantly, add your learning at the end; what you have learnt about yourself, the process, and your client
- Focus on the process and what you learnt
- Consider yourself as a facilitator creating a space of safety, allowing non-judgemental listening and be compassionate by staying focused on the reason your client came to see you.

Background Information (about the client): Intake attached



RECORD OF EFT CASE STUDY SESSIONS FOR
EFT ADVANCED PRACTITIONER LEVEL

Description of the presenting problem (the reason the client came to see you):

Assessment (your assessment):

Explanation (how you explained what would happen during the session):

Desired goal or change wanted (from your client):

Intervention (what you facilitated during the session):

Outcome (what happened at the end of the session or client feedback during or after the session, including any testimonials):



RECORD OF EFT CASE STUDY SESSIONS FOR
EFT ADVANCED PRACTITIONER LEVEL

Future planning (what you would propose in your next session):

Post session review and learning outcomes (your reflections and what you learned):