

[YOUR LOGO]

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[ADDRESS OF YOUR PRACTICE]
[CITY OF YOUR PRACTICE]
[COUNTRY OF YOUR PRACTICE]

[ADDRESS OF THE CLIENTS DOCTOR OR PRACTITIONER]
[CITY OF THE CLIENTS DOCTOR OR PRACTITIONER]
[COUNTRY OF THE CLIENTS DOCTOR OR PRACTITIONER]

Date

Dear [Title & Name]

I am writing to inform you that your patient, [Patient Name and any reference numbers that the doctor will be familiar with] has completed [Number] of Emotional Therapy sessions with myself with a treatment named Emotional Freedom Techniques (EFT).

Enclosed is a signed release form from the client giving me permission to share this information with you.

My names are [Your Name] and I have been certified through Vitality Living College as an EFT Certified Practitioner to provide emotional therapy and coaching to clients.

The client came to see me for sessions to overcome [what they wanted to overcome] and to achieve [what they wanted]. During sessions we explored [briefly in one sentence]. At the end of the sessions completed so far, the outcome is [the outcome].

I will keep you informed of future treatments. For more information you can call me on [your number] and email me on [your email if].

EFT is proven to treat stress, post-traumatic stress disorder, fears, past trauma to feel lighter, happier and more relaxed. Here are the list of clinically documented papers, <https://vitalitylivingcollege.info/training-seminars/eft-training-course/what-is-eft/eft-clinical-study/>.

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If need be, I am happy to meet and share more about this technique.

In addition, from time to time I need to refer my clients to a medical doctor like yourself, so if you would like to explore this further please let me know.

Sincerely,

Your Signature

YOUR NAME