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E-mail message for Practitioners in Training to send

Hi

My name is XXXX and I have completed training in a therapy named Emotional Freedom Techniques (EFT) with Master Trainer Dr Rangana Rupavi Choudhuri (PhD) with *Vitality Living College*.

Full details of the course I attended is here,
<https://vitalitylivingcollege.info/training-seminars/eft-training-course/eft-practitioner-training/>

EFT is a technique **clinically proven** to lower stress, physical tension, fears, phobias, cravings, depression, past negativity/trauma to enable health, happiness and vitality.

As part of my certification, I have to complete 12 case studies and 50 practice sessions.

If you know anyone who would like to experience this technique to:

- Lower stress, anger, anxiety, and physical tension
- Let go and move on from past break-up and hurt
- Feel more confident and positive in oneself
- Heal from a past accident, grief, abuse, or stressful incident
- Overcome a fear/phobia, example public speaking, heights, snakes

I can work with adults, children, and teenagers. Sessions with a qualified practitioner are normally **Rs 3000/hour / \$150/hour / £125/hour [EDIT AS NEEDED FOR YOUR LOCAL REQUIREMENTS]**. As I am a practitioner in training and will be submitting the case studies as part of my certification, there is **no charge for the sessions**. I need 2 people for 6 sessions each and 20 people for at least 2 sessions each.

The one to session will be completely confidential and all I need is signed consent to take a record of the session and submit it as part of



my certification. The name and contact details can remain anonymous in the submission.

On deciding to go ahead, I will e-mail and message an intake questionnaire and consent form. We will then have a no obligation discussion and agree next steps when I will send you an appointment letter.

By means of background I am attaching a link on a booklet on what is EFT, how it works along with case studies on its effectiveness.

<https://vitalitylivingcollege.info/how-to-gain-emotional-freedom-and-peace/>

A full list of clinical papers for EFT can be found here:

<https://vitalitylivingcollege.info/training-seminars/eft-training-course/what-is-eft/eft-clinical-study/>

The sessions are conducted in a safe and confidential space either face to face at (Location) in (City) and/or via Skype and video WhatsApp. [EDIT AS NEEDED].

If either you or people you know would like to experience EFT Therapy as part of being a Case Study Client at no charge, then please send me a quick message back. I will then explain the next steps.

I would love to partner with you or people you know in their inner healing and transformation journey.

You can also phone, message me on (add phone number), or send me an E-mail (add E-mail) to find out more. EDIT as per your preference.

Regards

XXXX

Title

Phone Number

E-mail

P.S If you want to get professionally trained in this technique, just like I did, please message me right back



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