EFT ADVANCED SUPERVISION & MENTORING
Questions & Answers – 11th September 2021

1. **Can I have my video off or my child with me during Mentoring & Supervision?**

   Please treat this as you would with a client session. It would be very disempowering and disrespectful for the client if you cannot be fully present for them. Treat Mentoring and Supervision as if it were a client session.

2. **How to gently create boundaries with the client about making them commit to the process?**

   You have to decide what you are going to do about it. The client doesn't have to change and you cannot point it out to them either. But if you have blocked the time and they don't show up, then have an honest conversation. You may say to them "*I get that things have been a little tough for you but I also want you to know that I have a very busy schedule too. If you are not able to make it to the session, just let me know a day before.* "

   You may even ask questions to them but ask them in context of what you have explored in your time together. Through your conversation, you may explore that there is a similar pattern they exhibit which is independent of their commitment issue. If you choose, you might call them out but understand that it might hurt them. Ask yourself if there is a pattern in you that needs to be looked at and do your Personal Peace on that.

3. **During a session, my client will periodically start shouting instructions to her staff. What do I do?**

   If client really wants to do that, it's ok. I don't tell them off. If they ask me directly what I do to make a change in my life, and this is one of the patterns I am noticing, I will point it out.

   But it's really okay. I had a client who tends to talk to her husband while the session is going on. I just sit back and let her have the conversation. I have anyway blocked an hour and half so that's not an issue. But as a practitioner, you can't do it.

4. **A client of mine is adamant of sending me gifts. I dissuaded her politely as it makes me uncomfortable. How does one go about it?**

   Legally, you aren't allowed to accept gifts from the clients as it might be considered as bribery. But still people might bring stuff when I conduct a seminar. I receive them with kindness since there is no transaction involved. If this makes you uncomfortable, tell them "*I have to abide by a code of conduct and it's not okay for me to receive the gifts. I receive your thanks wholeheartedly. You can give it to someone in my name if you wish.*"

5. **As Practitioners, we ask our clients for feedback after 3 sessions. Do we give them feedback also?**

   Yes, you can but you only share what is positive. Reassure is the major part of that. Make them feel they are on the right track. One reason they are in therapy is because they did not get reassurance as a child. So make sure you give them enough reassurance.

6. **Can I use the VLC T&C for my own website/practice?**

   Yes, but please note that it is a modified version of VLC's T&C.

7. **Are we supposed to communicate verbally or in a written form with the client?**

   Both work. Chat is better. Now, email and WhatsApp are equally credible in terms of exchanging documents. You need to let us know if that person has approached you especially in case of monetary transactions.

8. **What do we need to have up on our website to protect ourselves?**

   On your website, there are a couple of things you need. You can use ours, but please say this is a modified version of VLC's.

   You need:
   - Privacy Policy
   - Terms of Service (with regards to your website: e.g., cookies, etc.)
   - Limitation of Liability
   - Disclaimer as we are in the field of medicine and psychology.

9. **A certified practitioner can give free talks about EFT but you need to be a facilitator in order to be paid. Is that right?**

   You need to receive training for free talks as well. We offer two trainings. One is Ambassador Training. This is free. The other is a charged training for those who don't want to be affiliated with VLC. As an ambassador, you can offer 6 talks a year.

10. **Every year I do a Vision Boarding workshop, and though I don’t do EFT, how do I fit in the clause?**

You do not fit in our clause as it is particularly for EFT. The reason we have this clause is because sometimes, trainees get excited about EFT and rush off to have group talks and end up falling flat. This is why we offer training in facilitating group work. If you share something you have learned, please acknowledge where you learned it, for example, Jin Shin Jyutsu. You can teach it or use it but please acknowledge you learned from VLC.

11. **Who can be a part of the Facilitator Training Program?**

You need to be a certified EFT practitioner for that. You should also have done Inner Child Matrix and EFT Advanced Practitioner Training. Presenters have to be certified in EFT Advanced Level 3.

12. **I have been approached to take a paid session for Girija's sister. Will that fall into the database?**

You knew her before you came to us. She referred you to us, so we have don't have any right.

13. **How to get started once you get certified?**

Your certificate allows you to work independently. You do need to renew your certification annually and follow the Code of Conduct. Basically, it is the contractual agreement between you and VLC. However, if you are a Senior Practitioner, then you must use our logo as the liability sits with VLC.

14. Reporting back to the referrer, do you suggest having the client sign a waiver too?

We don't allow the appointment letter to be sent by WhatsApp. It is to be sent via email. On the intake form- you can add your own logo if you have one. The info in the footer needs to stay.

15. Could you give us an idea regarding the pricing of EFT therapy sessions?

For EFT Certified Practitioner, it's INR 3000. We recommend a package of 6 sessions for INR 15000. You could give them one session for free.

Senior practitioners charge INR 30000 for 6 sessions.
In UK, it's somewhere around GBP 150 per session, or GBP 1000 for 6 sessions.

16. Sometimes too many questions can cause an issue with the client between the consultation call and the first session. What to do then?

The purpose of questions is to see if you can fulfil the person's request. It's for your perusal.