

EFT TRAINING SELF-ASSESSMENT QUESTIONNAIRE

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Organisational Skills	Excellent	Good	Average	Poor
Appointment letter				
Client Feedback				
Data Protection				
Goal setting with clients				
Initial Message				
Intake form				
Record keeping				
Review progress with client				
Timekeeping				

Interpersonal Skills	Excellent	Good	Average	Poor
Boundaries				
Empathetic				
Listening				
Motivating				
Non-discrimination				
Non-judgemental				
Observational				
Observing				
Questioning				
Safeguarding				
Self-Aware				

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Developmental Skills	Excellent	Good	Average	Poor
Asking for help				
Engaging on the online groups professionally				
Fully meets competency from the training				
Methods of enhancing development				
Practicing EFT on a daily/regular basis				
Safety/Self care/Personal Peace				

Technical Skills EFT Practitioner	Excellent	Good	Average	Poor
Continuous Tapping				
Cravings				
Fear & Phobias				
Keyword				
Limiting Beliefs				
Movie Techniques				
Physical Tension				
Positive Tapping				
Sneaking Up				
Stepping Stone				
Tapping Points				
Tearless Trauma				
Tell the Story				

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Technical Skills EFT Advanced Practitioner	Excellent	Good	Average	Poor
Advanced Sub Modalities				
Archetypes				
Creativity				
Flexible Language				
Forgiveness				
Inner Child Working				
Inner Committee				
Intuitive Working				
Open Questions				
Parts Integration				
Pointed Questions				
Questions for Addictions				
Questions for Pain & Illness				
Reframing				
Role Play Tapping				
Root Cause Questions				
Shadow Work				

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Therapeutic Skills	Excellent	Good	Average	Poor
Abreactions				
Adults				
Building bridges				
Children				
Cognitive shifts				
Detective Work				
Don't Go Where You Don't Belong				
Getting out of your own way				
Intuitive Introduction				
Pre-framing				
Rapport				
Reframing				
Reversal & Secondary Gains				
Safe Space				
Surrogate Work				
Tabletop Metaphor				
Tailenders				
Testing				
Vulnerable Adults				
Working with Trauma				
Writing on the walls				

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Advanced Therapeutic Skills	Excellent	Good	Average	Poor
Addictions				
Anxiety				
Children, Teenagers & School Work				
Depression				
Diabetes				
Peak Performance				
Perfect Parenting				
Physical Pain				
Serious Illnesses & Autoimmune				
Special Needs Children				
Trauma				
Weight Loss				

Ethical Principles	Excellent	Good	Average	Poor
Client Welfare				
Collaboration				
Confidentiality				
Credible				
Delivery of Service				
Empowering				
Engaging				
Group Work				
Informed Consent				
Non Solicitation				
Professional				
Renewal of Certification				

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Working Professionally	Excellent	Good	Average	Poor
Competence				
Environment				
Follow Local Laws				
Informed Consent				
Insurance				
Marketing				
No Diagnosis				
Non-Interference with medication				
Referring to other specialists				
Respect Medical/Mental Health Professional				
Storage of notes				