

BREAKTHROUGH COACHING NLP MASTERCLASS

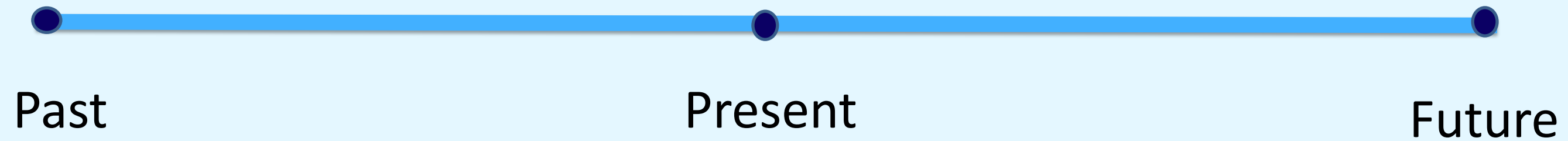
EMPOWERING TRANSFORMATION

TIMELINE

TECHNOLOGY

**BREAKTHROUGH COACHING
NLP MASTERCLASS**

The Timeline





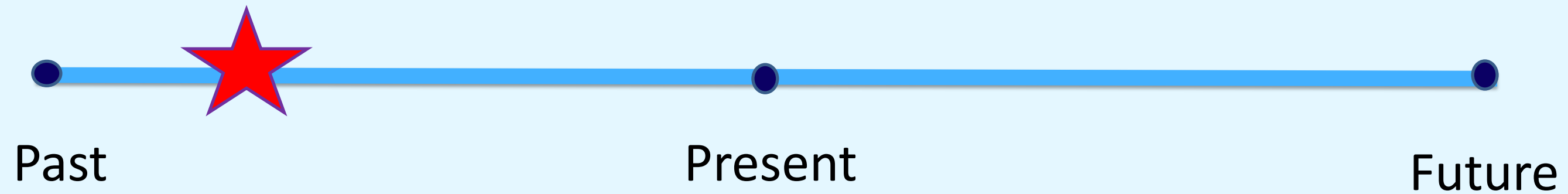
CONTENT VS EMOTION

**EVERY EMOTION
IS BASED ON CHEMISTRY**

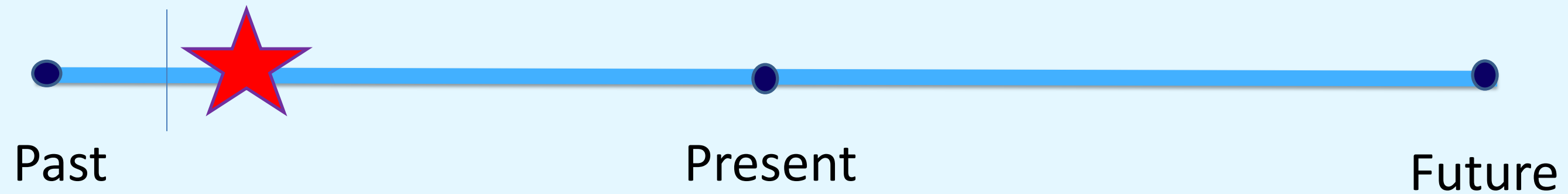
UNCONSCIOUS IN
RAPPORT WITH
CONSCIOUS

THE FIRST KISS

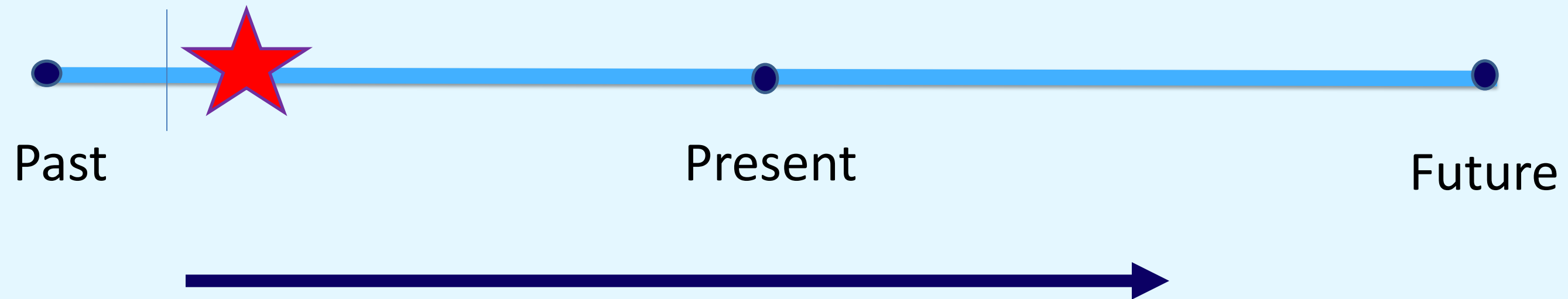
The Timeline



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The Timeline



Summary on Timeline Therapy

1. Heal Emotions Not Memories
2. Root Emotions: Anger, Fear, Sadness, Hurt & Guilt
3. Can happen in a light trance or conversationally
4. May not make sense and go with gut feel
5. Uncovering the first time and noticing it just before
6. To go just before the event and face the future
7. Can use this technique for limiting beliefs