

Clinical Studies

Aggression in mom's
Self help with women on Tamoxifen

Athletic Performance

← Basketball throws, Golf Handicap, Sports Performance

Fibromyalgia

Small animal phobias

Insomnia

Lowers Anxiety

← Adults, Adolescents, Gifted Children, Dental Patients,

Sexual Abuse

Reducing mathematics anxiety

Genocide

Presentation Expression Anxiety Syndrome

Headaches

Pain, depression & Anxiety after PTSD

← Earthquake

Public Speaking Anxiety

Seizures

Pain, Range of Motion, Frozen Shoulders

Reduced test anxiety, including worry and emotionality

Enhance Academic Performance

Reduces anxiety amongst women undergoing surgery

Reduction in cravings

Reduction in occupational stress

Psychological & Physical symptoms of Psoriasis

Reduction in cortisol and blood clumping

Weight Loss

Traumatic Brain Injury
 Claustrophobia

Reduction In Blood Glucose in Diabetic

Panic Dis-orders

Abused Adolescents

Suppressed Anger

Fear

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