



GO MANIFEST

Gratitude: Gratitude draws grace. Be grateful for what is already manifest in your life. Keep score of your successes and be grateful for them.

Openness: Be open to **all** the ways in which the prayer may manifest. Be open to **any** possibility. 'This prayer or greater'. Be open to the highest and best taking place.

Magicianship: Be a magician. Be part of the magic that is manifesting everywhere, *all the time*. Allow yourself to be in complete awe of it.

Action: Take action. Take lots of action. Take positive action. Take corrective action. Take effortless action from a place of non-doership.

Non-attachment: Let go of all attachment to the outcome and how it should be or should look. Let go of the notion that you can *own* anything – it's all on loan!

Inner listening: Use your body as a listening device. Take heed of what it tells you. Listen to your intuition, and follow it every moment. Breathe into your heart-space – check for ease or spaciousness.

Following the breadcrumbs / Focus: Look for them and follow them. Be open to where they take you – it may not be where you expect, but stay focussed on the greater intention.

Expectancy / Enjoyment: Maintain a flexible expectancy. Expect a result – 'This prayer or greater'. Enjoy the process - it's often the best part.

Specificity: Be specific. Get detailed. Give specific qualities. Write it down, phrased in the positive. If you're not specific, how will you recognise it when it arrives?

Time / Trust: Set a specific date by when the intention will become manifest. Expect it sooner, or perfectly on time. Then TRUST.