

ABUNDANCE ELICITATION QUESTIONS

Manifesting & Drawing Abundance to you

1. A dear friend or loved one offers you a generous gift. At what point does the monetary value of the gift begin to feel uncomfortable?
2. You are single looking for a life partner, unattached and available and at a party or social event with friends. Into the room walks your idea of a dream date; a film star, celebrity... Imagine walking over, introducing yourself, striking up conversation and asking for a date. How does that *really* feel?
3. You are looking for a job – even if you are retired or have never worked. You know the salary you feel comfortable with (name it). You see a job in the newspaper they want your skills at that comfortable wage. You get an interview then a second interview and make the final round. At the final interview you discover the salary is not what you thought - it has an extra zero on it! The secretary tells you it was a mistake in the paper. Now imagine being interviewed. How does that really feel?

Flourishing and Growing Abundance

1. You long to spend quality time developing a relationship (name the person). Imagine spending *quality time* with this loved one. How much time, energy, love and exposure are you prepared to invest on a daily basis? Double it! At what point does it become uncomfortable? How do you feel?
2. You are longing to grow your creativity, or improve your health (choose one). On your current income, on a daily basis, how much time, energy, money and love are you prepared to invest? At what point does it become uncomfortable? How does that really feel?
3. You are business owner in a time of financial crisis and fear. You have ideas for a new product or how to streamline the company. You know if you make the wrong decision others may lose their job, if you try a risky strategy you may lose your company, your livelihood. Knowing one mistake could put you out of business and all your employees out of work, how are you feeling about even coming up with ideas?

Letting Abundance Go

1. You are on a shopping spree for clothing for a loved one. On your current salary how much are you prepared to spend? Double it! At what point does your expenditure become uncomfortable?
2. You're on a shopping spree for clothing for yourself. On your current salary how much are you prepared to spend? At what point does it become uncomfortable?
3. So you got the date! At your invitation, your date has suggested a favourite restaurant way outside your normal budget. Only your menu has prices on it!. Imagine ordering and eating the meal. The bill arrives – it's enormous – and it's yours! Now double the amount. How does that make you feel?