

soul to soul

business & marketing
for therapists, coaches & healers

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My Grounding Values Worksheet

Private Practice

For those who have a private practice or starting off just be clear on the 5 values that are important to you and what they mean to you.

For example, My Values are:

- *Understanding – I understand what my clients are going through and can empathize with their situations where they feel heard and understood*
- *Honesty – I am transparent and truthful in my communications where my clients can trust me and always know where they stand*
- *Reliability – I respond quickly to my clients, where they feel that they can rely on me and willingly refer their friends to me*

My Values are:

1. XXX
2. XXX
3. XXX
4. XXX
5. XXX

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For Organizations

For those who have an organization you can write out the 5 values and then the specific behaviors that would demonstrate those values.

Value 1	Value 2	Value 3	Value 4	Value 5
Value Name, E.g., Responsive				
<ul style="list-style-type: none">• Detail 1, example reply within 24 hours• Detail 2• Detail 3				